

Bridge to Beach Swim Entry Form
Saturday March 4, 2006
7:30am start at Blues Point

Name 1: (*Name 1 of Team Captain*) _____

Email: _____ **Contact Phone:** _____

Swim Team Name: _____

Club/Group/Organization: _____

Names of Other Participants: (Teams only)

Name 2: _____ Email: _____

Name 3: _____ Email: _____

Name 4: _____ Email: _____

* \$10.00 LATE FEE APPLIES FOR ON THE DAY REGISTRATION

Please circle category

Individual \$25

Individual Men

Individual Women

2 Person Teams \$50

2 Person Men

2 Person Women

2 Person Mixed *

4 Person Teams \$100

Open

Mixed *

Combined Age over 180 years *

* see website for details

Post entry form and cheque to:

Men's Health Ocean Racing Series
Attention: Kristie Morgan
35-51 Mitchell St
North Sydney NSW 2060

Fax entry form and credit card details to:
02 9981 3605

MC Visa Bankcard Cheque (circle one)

Number _____

Exp. Date _____

Name on Card _____

Signature _____

Rules and regulations on web-site at www.menshealthoceanracing.com.au or call 0400389730

**** YOU MUST SIGN THE ATTACHED WAIVER!**

The Men's Health Land Rover Ocean Racing Series – Season 4

Event Participation Rules:

1. Entry Fee is non-refundable.
2. All competitors must complete the entry form with entry fee.
3. All competitors must pass all designated race markers and the finish line.
4. The judge's decision is final.
5. Competitors participate in the "Event" at their own risk.
6. If conditions or weather are determined unsafe an alternate course will be used.
7. Pacific Publications Pty Limited as the publisher of Men's Health Magazine and its sponsors and officials have no liability for injury loss or damage to any participant or craft.
8. All craft must be provided for scrutinizing, between the specified times before race briefing
9. Life jackets are not required but recommended by race official
10. All paddlers must be competent swimmers.
11. If the competitor ignores any decision made by race officials, or committee, or its representatives, the competitor will be disqualified.
12. Unless inconsistent with these Rules or with the Conditions of Entry, the rules and regulations of Australian Canoeing will apply to the Event.
13. All competitors must obey directives from Race Referee, official boats, water police, waterways, and local council rangers otherwise face disqualifications.
14. Paddle craft must give way to all other vessels using the harbour.
15. If a competitor is found to have behaved in unsportsmanlike way towards any other competitor, or any official or volunteer the competitor will be disqualified
16. All safety craft are empowered by the Head of the Race Committee to request the withdrawal of any competitor at any time if h/she is showing signs of severe strain, stress or discomfort.
17. All competitors are to assist other competitors if they are in severe strain, stress, discomfort or danger
18. Deliberate power boat washing will be grounds for disqualification.
19. Written protest in relation to the result of an Event must be accompanied by a one hundred dollar fee (\$100.00) and that fee together with reasonable particulars of the grounds of protest must be lodged with the Event organiser within thirty (30) minutes of the completion of the relevant Event. If in the absolute judgment of the Race Referee the protest is considered to be frivolous, malicious or without reasonable justification the one hundred dollar (\$100.00) fee will be forfeited.
20. Each competitor/participant in the Event authorises Pacific Publications at the discretion of Pacific Publications to utilise worldwide and in all media photographs and/or films and/or images taken during the Event. Pacific Publications has the absolute copyright to all such photographs and images including the right to exploit same in all media at any future date.
21. The participant confirms that he/she has read and agrees with the above Event conditions and rules of entry.

Signature of Competitor/Participant _____

Print Name of Competitor/Participant _____

Signature of Competitor/Participant _____

Print Name of Competitor/Participant _____

Signature of Competitor/Participant _____

Print Name of Competitor/Participant _____

Signature of Competitor/Participant _____

Print Name of Competitor/Participant _____

Conditions of Participation:

Declaration:

I/We declare and acknowledge as follows:

1. I/We have registered to participate in the event or events (“Event”) specified in this form;
2. The Event is and can be an extreme test of a person’s physical and mental limits;
3. The Event carries with it the potential for death, serious injury and property loss;
4. I/We have familiarised myself/ourselves with the course and the Event Rules attached to this form.
5. I/We confirm that I/we have the necessary level of fitness, skill and training to complete the Event;
6. I/We have read and fully understood the rules and conditions of entry for the Event;
7. I/We agree to strictly abide by the rules and conditions of entry applicable to the Event;
8. I/We accept all risk of injury and/or loss associated with my/our participation in the Event;
9. I/We waive release and discharge Pacific Publications Pty Limited (“Pacific Publications”), its employees, agents, consultants, contractors and representatives from all claims, losses and liabilities on any account whatsoever associated with the Event including my/our participation therein;
10. The entry fee applicable to the Event is non-refundable;
11. I/We acknowledge that the conduct of the Event is under the authority and management of Pacific Publications whose decision in relation to all matters involving Event matters is final and binding; and
12. By my/our signature upon this form we confirm and acknowledge our acceptance of the terms and conditions applicable to my/our participation in the Event including without limitation the rules and regulations attached to this form.

Signature of Participant(s)

1. _____ 2. _____

Print Full Name of Each Participant(s)

1. _____ 2. _____

Signature of Participant(s)

3. _____ 3. _____

Print Full Name of Each Participant(s)

4. _____ 4. _____

Parent or guardian signature for competitors under 18

1. _____ 2. _____

3. _____ 4. _____