**Ahead along M2 for 17km.  Continue ahead onto M7 for 9.7km to Quakers Hill Parkway where we Left at off ramp and turn R at lights onto Hambledon Rd.**

**750m later L into Bali Drive (through housing estate)**

**R at "T" junction into Walker St and 600m L into Burdekin Rd and follow this for 600m when it becomes Railway Terrace. Follow railway line to Schofields and continue to Riverstone along Railway Tce.   
Where Riverstone station level crossing is on your LHS, turn R then immediately L and follow the railway line on your LHS. Riverstone Parade take us to Vineyard Station. At Vineyard station road veers to the R. Turn L into Wallace Rd after 50m.   
 Follow railway line along where Wallace Rd ends at a "T" intersection. Turn L and cycle over a level railway crossing, and turn R into Railway Rd and remain on it for about 1k to Mulgrave Station where we R onto Mulgrave Rd and follow until you reach Windsor Rd. Turn L into Windsor Rd, and follow it 3km to Windsor for 1st *Nosh Stop* (35 min) from approx 9:10am at *Macquarie Square* Windsor.**